

ARROWBEAR MUSIC CAMP  
P.O. BOX 180  
RUNNING SPRINGS, CA 92382

Summer 2010

Dear Advanced Campers and Parents,

Welcome to Arrowbear Music Camp! Please read this letter carefully for important information.

**ARRIVAL-JULY 18, SUNDAY**

We have scheduled you to arrive with 25 others in order of enrollment. Plan to arrive at or after \_\_\_\_\_. You will quickly go through registration and counselors will help you find a bunk. We need to empty the camp of cars before the next group arrives. **DO NOT COME EARLY**. Check the website for update maps. [www.arrowbear.com](http://www.arrowbear.com)

**We must accommodate local fire authorities and neighbors by keeping parking in and near camp. Be sure and leave 10 feet of road width for fire access at all times.** Share rides if possible (if carpooling pick one arrival time). If you need names and phone numbers or emails of campers in your area, call Camp or email us. Then we can pass on your contact information to facilitate carpooling.

**OPTIONAL VISIT DAYS**

Observers are welcome at any time. Please do not disturb our routine or take campers out of camp except on visit days.

Sunday July 25 and Sunday August 1 campers **may** leave camp with family only (not mandatory) after 9 am and **must** be back by 4 pm. We expect all visitors to leave by 4 pm. We will have activities for campers without visitors. The out of camp time is for family only and is not meant for campers to organize time away with select friends. Anyone leaving must sign out.

**DEPARTURE-AUGUST 7, SATURDAY**

The session ends with a performance at 6:00 p.m. Everyone is expected to leave after the concert. Campers will be free to load luggage into cars and visit with families after 4:30 p.m.

**WHAT TO BRING-please mark all clothing and personal items with the camper's name.**

Bedding (sleeping bag or sheets/pillow)

Toiletry articles and towels

Swimwear and sunscreen

Bug repellent and lip balm

Casual everyday clothes

Clothing for concert-no set dress code but should be casual/nice

Some warm clothing in case of cold weather (altitude is 6,500 ft.)

Hiking type shoes (tennis or athletic shoes are fine)

Personal stereos allowed with headphones only

Instrument and music you might want to perform (including piano accompaniment)

Pencils for rehearsals

Clothes pins for holding music outside

String players must bring extra strings and reed players extra reeds

Stationery and stamps for letters

Over the counter and prescription medications need to be checked in with the health supervisor upon arrival. Camp has basic supplies available in the First Aid Office.

**LOST AND FOUND**

Arrowbear Music Camp will not be responsible for lost money, clothing, or other valuables. Please leave valuables (except your instrument) at home. On the last day please check your cabin and porch of the first aid building for lost and found items.

## TELEPHONE AND MAIL

It is great to get mail at camp. While here your address will be:

Arrowbear Music Camp  
(camper name)  
P.O. Box 180  
Running Springs, CA 92382

Please support the camp experience **by keeping cell phones at home** and planning not to use a phone while at camp. Calls with home and friends seem to cause homesickness and the outside communication interferes with our group building process. If you must bring a cell phone we expect you to keep it in the office building and only use it during breakfast hours or afternoon recreation. Please do not send faxes or emails to campers except in the case of an emergency.

## CAMP STORE ACCOUNT

We require campers to turn in spending money for safekeeping. We use a debit system for keeping track of expenditures. Money is needed for the snack bar. We also sell camp T shirts, sweatshirts, water bottles, stuffed animals, and other items. Any unused money will be returned on the last day.

## CAMP FEES

The balance of your camp fee is due July 18. If you did not submit a small photo with your enrollment bring one with you and give it to us at check-in. If you received a scholarship, it is your responsibility to make sure that payment has been sent to camp.

## HEALTH FORM

We must have the enclosed health form completed and signed on July 18. Please do not mail. Campers are not permitted to remain at camp without a completed health form on record. **Make sure that all of the immunization information is current.**

## MEDICATIONS, SICKNESS OR INJURY

All medications and directions for dispensing must be left with the health supervisor upon arrival. In case of sickness or injury during camp, parents will be notified of doctor or hospital visits. **Parents are responsible for all health care and prescription costs.** Generally, minor scrapes are treated by Red Cross First-Aid certified staff. Paramedics are on call, three miles away. The nearest emergency room is in Lake Arrowhead, 30 minutes away. Campers who take regular medication should bring it to camp with them.

**All medications must be in original containers and be checked in at arrival.**

## COMMERATIVE PHOTO

A photo will be given to each camper at the end of the session. Campers will also receive a list of staff names, camper's names, phone numbers and addresses. If you do not wish to have your information included please notify us.

## SLEEPING ARRANGEMENTS

We cannot make arrangements in advance. We have plenty of room for friends to be near each other. Beds will be chosen as you arrive.

## LAUNDRY

A washing machine is in each dorm area.

## PLEASE DO NOT BRING YOUR FAMILY'S DOG, CAT, OR ANY OTHER PET TO CAMP ON OPENING OR CLOSING DAY.

Thank you for supporting Arrowbear Music Camp.

Call (leave a message) or email the camp if you have additional questions or concerns.  
phone: (909) 867-2782 or email: [info@arrowbear.com](mailto:info@arrowbear.com)

The Dockstader family